

Stations of the Cross

at Zion Lutheran Church, 47 Hanover Street, Glen Rock, PA

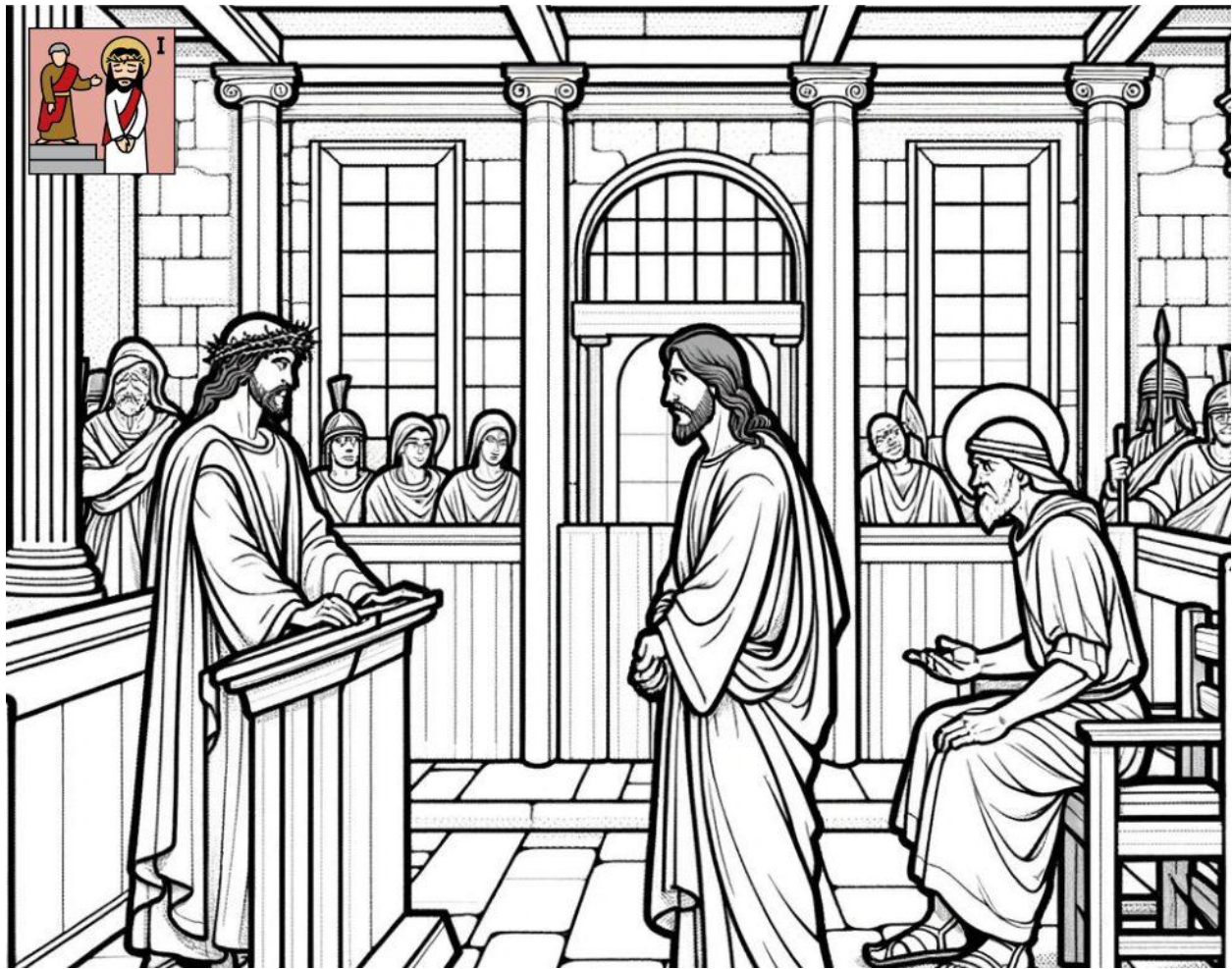


★ The journey begins here.

- **Opening Prayer:**

We walk with Christ, remembering His journey to the cross. May each step we take be a step closer to understanding His sacrifice and love. May we walk in faith, hope, and love.

1. Jesus is condemned to death



Scripture: Mark 15:15 (NRSVUE)

¹⁵ So Pilate, wishing to satisfy the crowd, released Barabbas for them, and after flogging Jesus he handed him over to be crucified.

Reflection: Jesus was sentenced to die, even though He had done nothing wrong.

Prayer: Jesus, sometimes life feels unfair. Help me to trust in Your love no matter what happens.

2. Jesus takes up His cross



Scripture: John 19:17(NRSVUE)

¹⁷ and carrying the cross by himself he went out to what is called the Place of the Skull, which in Hebrew is called Golgotha.

Reflection: Jesus took the cross on His shoulders, ready to carry it for us.

Prayer: Jesus, You showed so much courage. Help me to be brave when I face hard things.

3. Jesus falls the first time



Scripture: Isaiah 53:4-5 (NRSVUE)

⁴ Surely he has borne our infirmities
and carried our diseases,
yet we accounted him stricken,
struck down by God, and afflicted.

⁵ But he was wounded for our transgressions,
crushed for our iniquities;
upon him was the punishment that made us whole,
and by his bruises we are healed.

Reflection: Jesus fell under the weight of the cross, but He didn't give up.

Prayer: Jesus, help me get back up when I feel like giving up.

4. Jesus meets His Blessed Mother



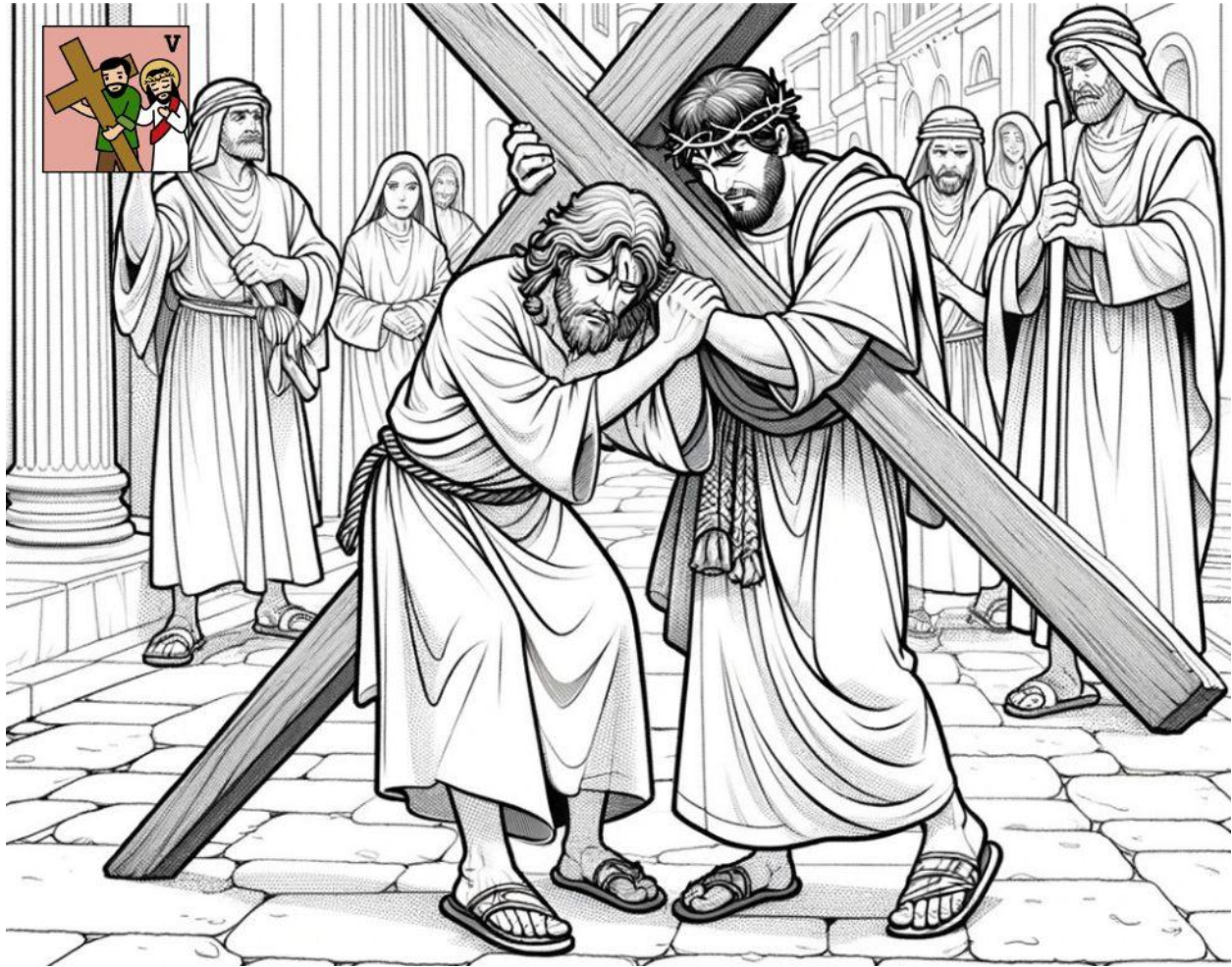
Scripture: Luke 2:34-35 (NRSVUE)

³⁴ Then Simeon blessed them and said to his mother Mary, “This child is destined for the falling and the rising of many in Israel and to be a sign that will be opposed ³⁵ so that the inner thoughts of many will be revealed—and a sword will pierce your own soul, too.”

Reflection: Jesus and His mother Mary shared a sad moment, but Mary trusted God.

Prayer: Jesus, thank you for the love we share with our families. Help me love my family like Mary loved You.

5. Simon of Cyrene helps Jesus carry the cross



Scripture: Mark 15:21 (NRSVUE)

²¹ They compelled a passer-by, who was coming in from the country, to carry his cross; it was Simon of Cyrene, the father of Alexander and Rufus.

Reflection: Simon helped Jesus carry the heavy cross when He couldn't carry it alone.

Prayer: Jesus, help me to help others when they are struggling.

6. Veronica wipes Jesus' face



Scripture: Luke 23:27-31 (NRSVUE)

²⁷ A great number of the people followed him, and among them were women who were beating their breasts and wailing for him. ²⁸ But Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children. ²⁹ For the days are surely coming when they will say, 'Blessed are the barren, and the wombs that never bore, and the breasts that never nursed.' ³⁰ Then they will begin to say to the mountains, 'Fall on us,' and to the hills, 'Cover us.' ³¹ For if they do this when the wood is green, what will happen when it is dry?"

Reflection: Veronica stepped out to help Jesus by wiping His face.

Prayer: Jesus, help me to show kindness to others when they are in need.

7. Jesus falls the second time



Scripture: Psalm 38:6-8 (NRSVUE)

⁶ I am utterly bowed down and prostrate;
all day long I go around mourning.

⁷ For my loins are filled with burning,
and there is no soundness in my flesh.

⁸ I am utterly spent and crushed;
I groan because of the tumult of my heart.

Reflection: Jesus fell again, but He kept going because He loved us so much.

Prayer: Jesus, even when I fall, help me to keep going with Your strength.

8. Jesus meets the women of Jerusalem



Scripture: Luke 23:27-31 (NRSVUE)

²⁷ A great number of the people followed him, and among them were women who were beating their breasts and wailing for him. ²⁸ But Jesus turned to them and said, "Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children. ²⁹ For the days are surely coming when they will say, 'Blessed are the barren, and the wombs that never bore, and the breasts that never nursed.' ³⁰ Then they will begin to say to the mountains, 'Fall on us,' and to the hills, 'Cover us.' ³¹ For if they do this when the wood is green, what will happen when it is dry?"

Reflection: Jesus spoke to the women who were crying for Him, asking them not to weep for Him, but for themselves and their children.

Prayer: Jesus, help me to care for others, especially when they are sad.

9. Jesus falls the third time



Scripture: Isaiah 53:4-6 (NRSVUE)

⁴ Surely he has borne our infirmities
and carried our diseases,
yet we accounted him stricken,
struck down by God, and afflicted.

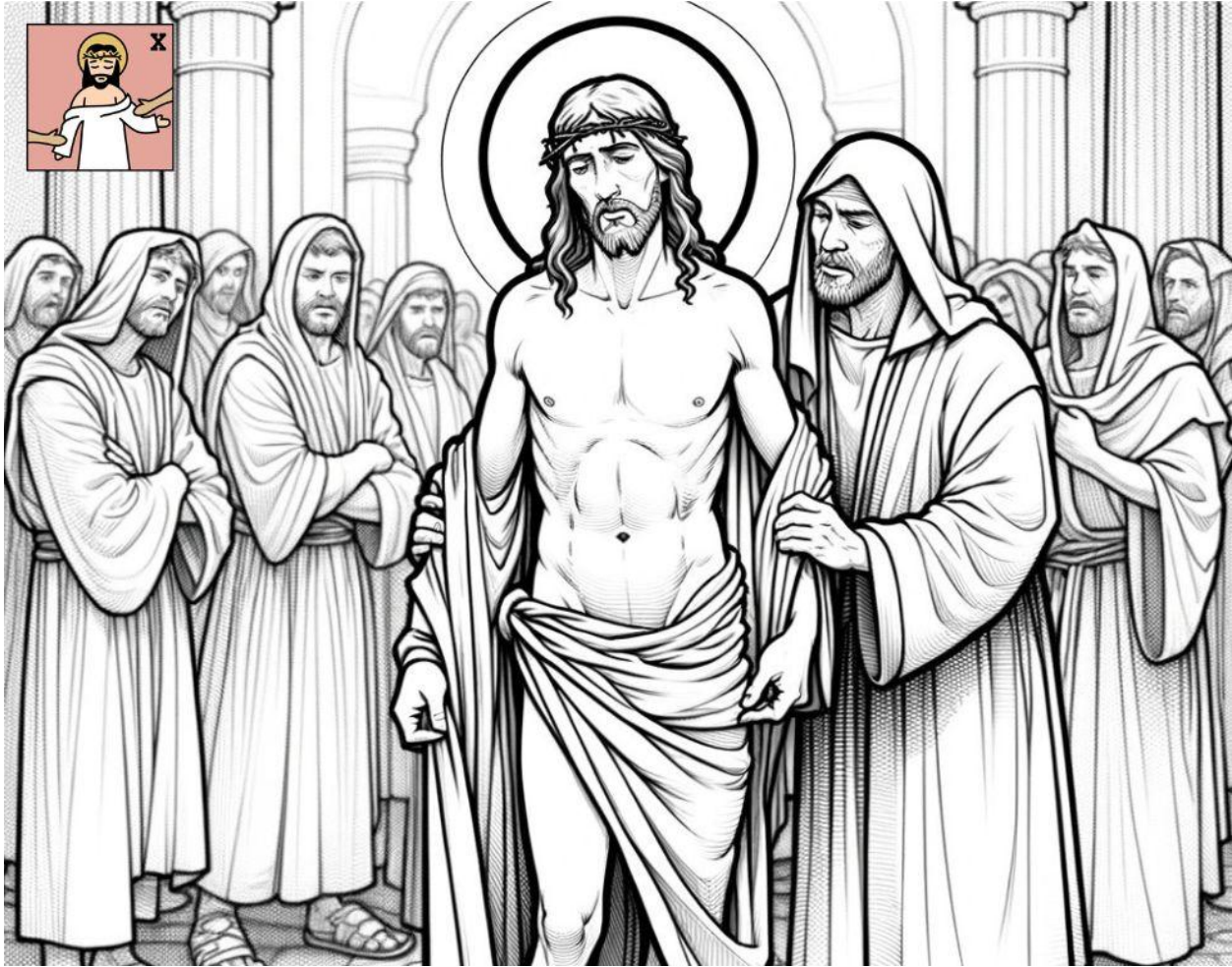
⁵ But he was wounded for our transgressions,
crushed for our iniquities;
upon him was the punishment that made us whole,
and by his bruises we are healed.

⁶ All we like sheep have gone astray;
we have all turned to our own way,
and the LORD has laid on him
the iniquity of us all.

Reflection: Jesus fell for the third time but still kept moving forward.

Prayer: Jesus, help me to never give up, even when things are tough.

10. Jesus is stripped of His clothes



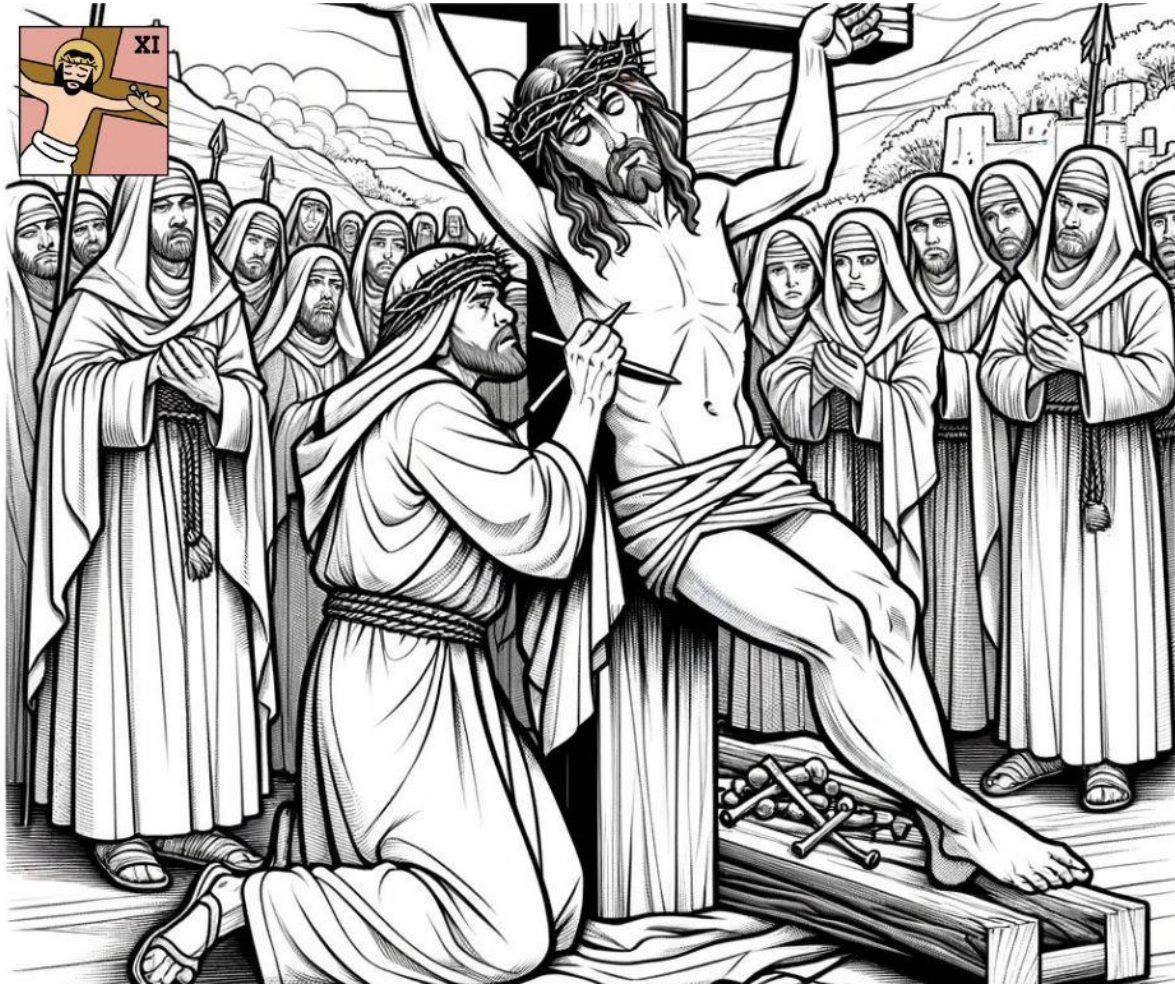
Scripture: Matthew 27:28-31 (NRSVUE)

²⁸ They stripped him and put a scarlet robe on him, ²⁹ and after twisting some thorns into a crown they put it on his head. They put a reed in his right hand and knelt before him and mocked him, saying, "Hail, King of the Jews!" ³⁰ They spat on him and took the reed and struck him on the head. ³¹ After mocking him, they stripped him of the robe and put his own clothes on him. Then they led him away to crucify him.

Reflection: Jesus was stripped of His clothes, but He didn't stop loving us.

Prayer: Jesus, help me to love and care for others, no matter what they have or don't have.

11. Jesus is nailed to the cross



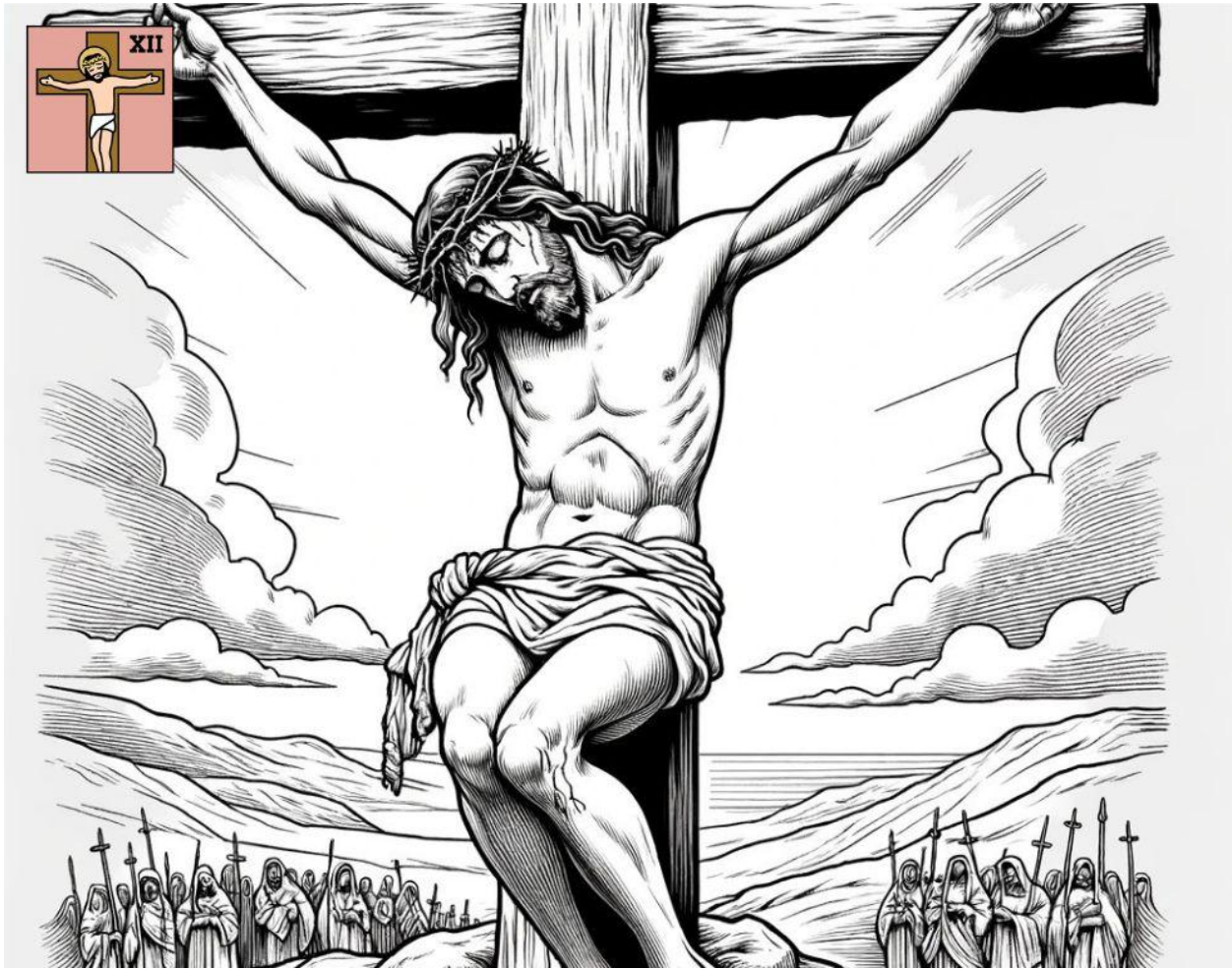
Scripture: Luke 23:33 (NRSVUE)

³³ When they came to the place that is called The Skull, they crucified Jesus there with the criminals, one on his right and one on his left.

Reflection: Jesus was nailed to the cross because He loves us, even when it hurt.

Prayer: Jesus, thank you for giving Your life for me. Help me to always remember Your love.

12. Jesus dies on the cross



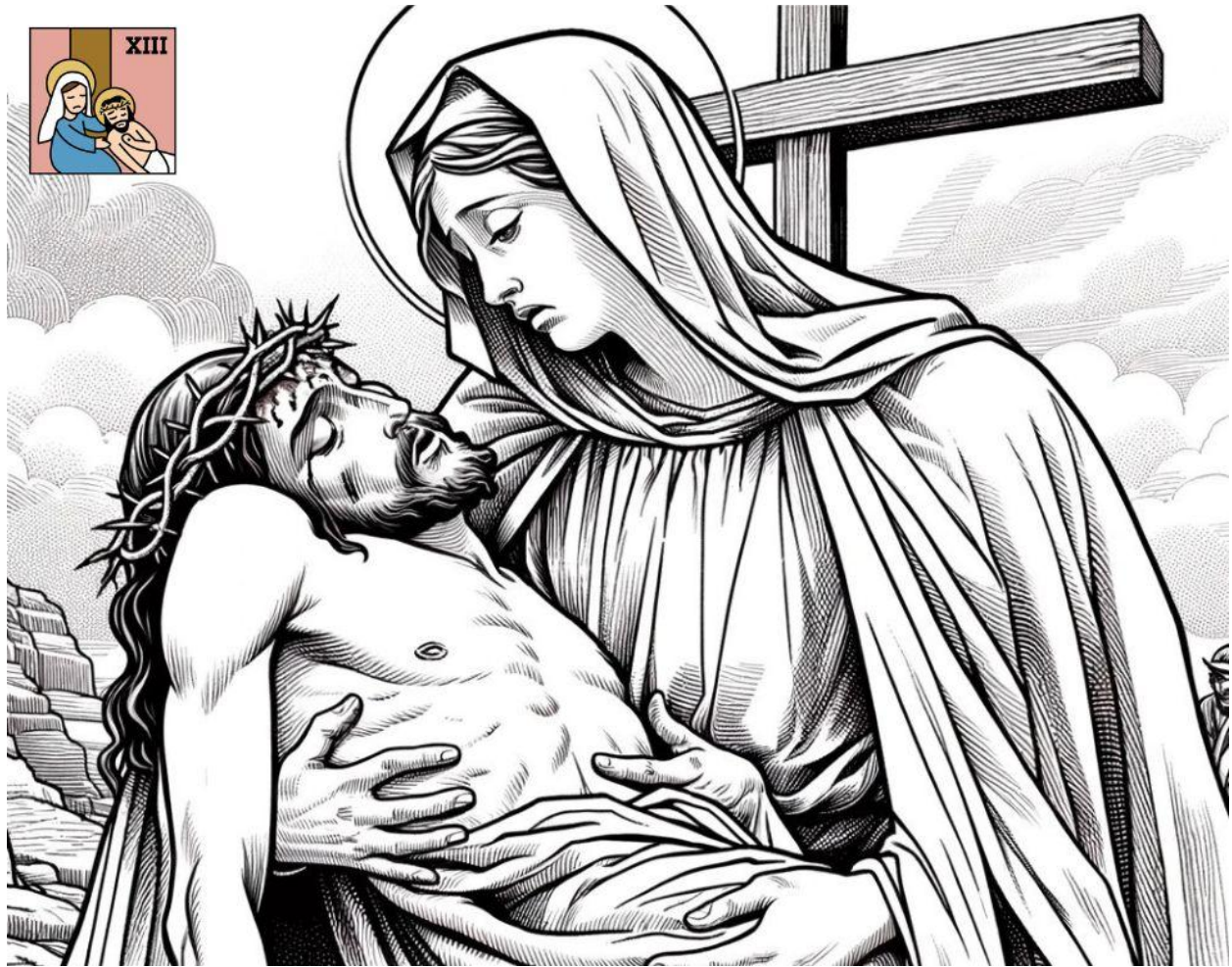
Scripture: Matthew 27:45-50 (NRSVUE)

⁴⁵ From noon on, darkness came over the whole land^[a] until three in the afternoon. ⁴⁶ And about three o'clock Jesus cried with a loud voice, "Eli, Eli, lema sabachthani?" that is, "My God, my God, why have you forsaken me?" ⁴⁷ When some of the bystanders heard it, they said, "This man is calling for Elijah." ⁴⁸ At once one of them ran and got a sponge, filled it with sour wine, put it on a stick, and gave it to him to drink. ⁴⁹ But the others said, "Wait, let us see whether Elijah will come to save him." ⁵⁰ Then Jesus cried again with a loud voice and breathed his last.

Reflection: Jesus died on the cross for us, so we could have eternal life.

Prayer: Jesus, thank you for Your sacrifice. Help me to live in Your love and follow You.

13. Jesus' body is taken down from the cross



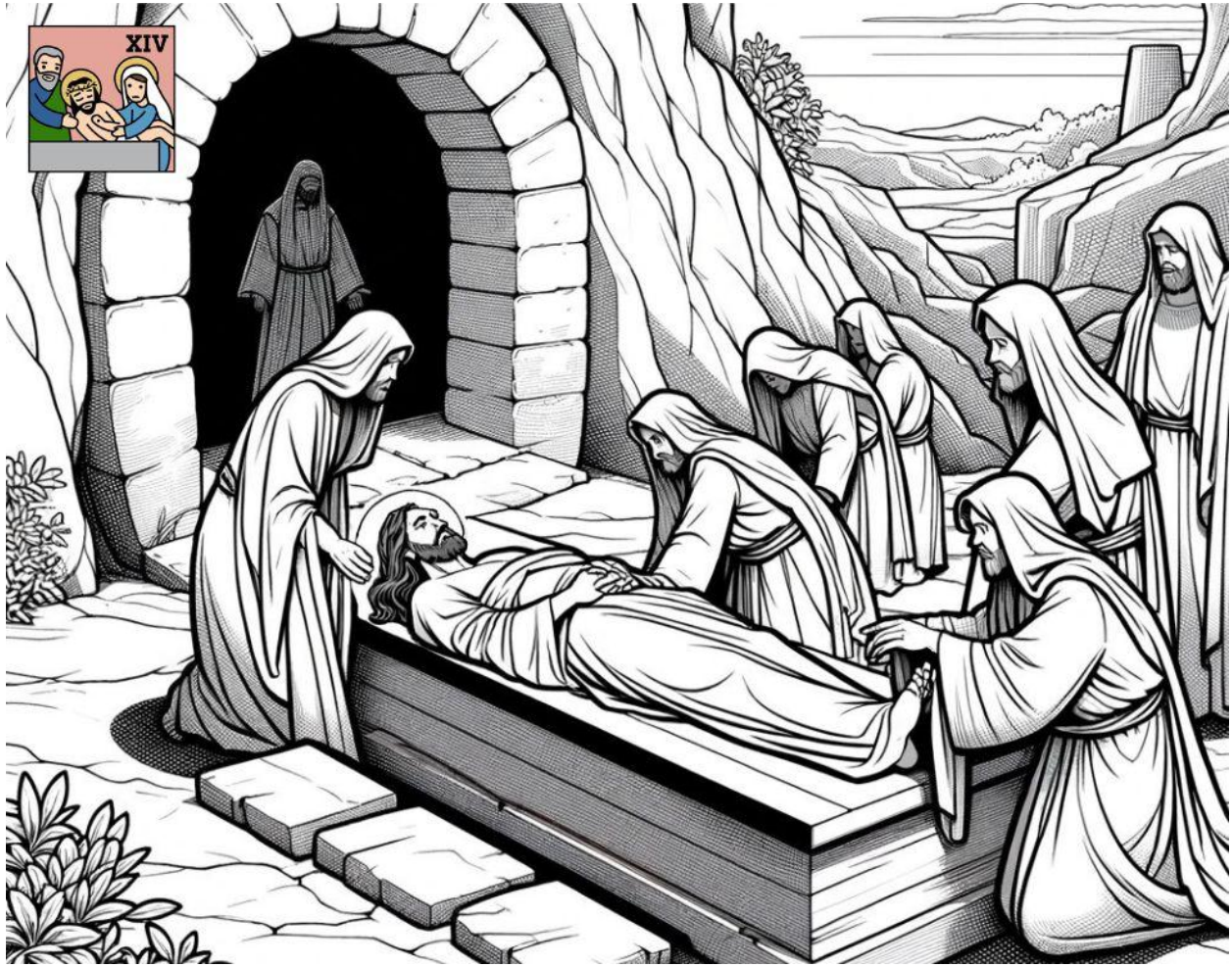
Scripture: Luke 23:50-54 (NRSVUE)

⁵⁰ Now there was a good and righteous man named Joseph who, though a member of the council, ⁵¹ had not agreed to their plan and action. He came from the Jewish town of Arimathea, and he was waiting expectantly for the kingdom of God. ⁵² This man went to Pilate and asked for the body of Jesus. ⁵³ Then he took it down, wrapped it in a linen cloth, and laid it in a rock-hewn tomb where no one had ever been laid. ⁵⁴ It was the day of Preparation, and the Sabbath was beginning.

Reflection: Jesus' friends took His body down and prepared it with love and care.

Prayer: Jesus, thank you for the friends and family who care for me. Help me to be a good friend to others.

14. Jesus is laid in the tomb

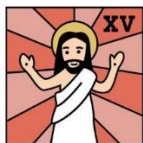


Scripture: Matthew 27:57-61 (NRSVUE)

⁵⁷ When it was evening, there came a rich man from Arimathea named Joseph, who also was himself a disciple of Jesus. ⁵⁸ He went to Pilate and asked for the body of Jesus; then Pilate ordered it to be given to him. ⁵⁹ So Joseph took the body and wrapped it in a clean linen cloth ⁶⁰ and laid it in his new tomb, which he had hewn in the rock. He then rolled a great stone to the door of the tomb and went away. ⁶¹ Mary Magdalene and the other Mary were there, sitting opposite the tomb.

Reflection: Jesus' body was placed in a tomb, and the stone was rolled in front. But we know that death doesn't have the last word.

Prayer: Jesus, thank you for the hope of new life with You. Help me to live in Your love always.



The Resurrection of Jesus - The Journey is not over!

Scripture: Matthew 28:5-7 (NRSVUE)

⁵ But the angel said to the women, "Do not be afraid, for I know that you are looking for Jesus who was crucified. ⁶ He is not here, for he has been raised, as he said. Come, see the place where he lay. ⁷ Then go quickly and tell his disciples, 'He has been raised from the dead, and indeed he is going ahead of you to Galilee; there you will see him.' This is my message for you."

Reflection: Jesus is alive! He rose from the dead to give us new life and hope.

Prayer: Jesus, thank you for the joy and hope that You are alive. Help me to share this good news with others.

- **Closing Prayer:**

Lord Jesus, we thank you for the journey of Lent and the reminder of your incredible love and sacrifice. As we leave this place, help us carry Your message of resurrection into the world. Amen.

In the metal box there is a small reminder of the journey you travelled on today. Carry it with you as you continue your journey forward in this life.

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